

Categorize Your Budget (Backwards Budgeting) Worksheet

1. What is your monthly income?

\$ _____

2. What is your most important financial goal? Mark your choice.

Paying off debt Saving for Retirement Emergency Fund Home Down-payment
Paying off Mortgage Other (list your answer) _____

3. How much do you want to contribute to that goal monthly?

\$ _____

4. List any other financial goals you want to contribute to monthly.

1. _____

2. _____

3. _____

5. Subtract your financial goal contribution from your monthly income.

Income \$ _____ - Financial Goal Contributions \$ _____ = \$ _____

6. Mark which of the following non-discretionary expenses apply to you.

Rent/Mortgage

Insurance: Auto Life Health Premiums Renter's/Homeowner's

Utilities: Water Electricity Heating/AC Internet Cell Service

Gas

Car Payment

Groceries

Child Care

7. Of those expenses that apply to you, list the ones that are fixed expenses (i.e. you pay the same amount every month like rent or mortgage). How much do you pay for each fixed expense?

Fixed Expense	Payment
1.	\$ _____
2.	\$ _____

3.	\$ _____
4.	\$ _____
5.	\$ _____
TOTAL:	\$

***Any remaining non-discretionary expenses that aren't fixed are variable.**

8. Estimate the amount you will spend on your variable non-discretionary expenses.

Variable Expense	Estimated Payment
1.	\$ _____
2.	\$ _____
3.	\$ _____
4.	\$ _____
5.	\$ _____

6.	\$ _____
7.	\$ _____
8.	\$ _____
TOTAL:	\$ _____

9. Take your remaining income from question 5 and subtract your total non-discretionary expense amount.

Income \$ _____ - **Total Discretionary Expenses (Fixed + Variable)** \$ _____ = \$ _____

10. Mark which of the following discretionary expenses apply to you. This will become your "Everything Category."

Home

Personal Care

Medical Expenses

Pet Supplies

Entertainment

Eating Out

Clothing

Kid's Supplies

Gifts

Trips

Miscellaneous

Other

11. Take your remaining amount from question 7 and allocate it among your selected discretionary expenses. You may or may not have enough money to cover each expense. These are the categories in which you may have to make sacrifices or budget cuts. Or grab a side hustle to supplement.

***The total of these expenses should not exceed the remaining amount from question 7.**

Everything Else/Discretionary	Allocated Amount
1.	\$ _____
2.	\$ _____
3.	\$ _____
4.	\$ _____

5.	\$ _____
6.	\$ _____
7.	\$ _____
8.	\$ _____
9.	\$ _____
10.	\$ _____
11.	\$ _____
12.	\$ _____
TOTAL:	\$