1. What was your net income (income-any deductions) last month?
\$ $\qquad$
Find Your Make Or Break Number
2. Check off each of the following living necessities (Make Or Break Expenses) which apply to you along with the amount paid for each.

Rent/Mortgage \$ $\qquad$
Health Insurance

- \$ $\qquad$

Groceries [ $\qquad$ Transportation/Gas \$

Electricity/Water/Heat \$

Car Payment $\quad$ \$ $\qquad$
Cell Phone $\qquad$
Other \$ $\qquad$

Total: \$ $\qquad$ = Your Bare Bones Budget
3. Now, let's calculate your buffer zone. Take 10-20\% of your bare bones budget and add it on. (For our
purposes, we'll choose a happy medium and use 15\%)
Bare Bones Budget \$ $\qquad$ $0.15=\$$ $\qquad$ (Buffer Zone)
4. Choose which financial goals you want to contribute to and how much you will allocate to each one.

Emergency Fund $\quad$ \$

```
General Savings [1 \$
```

Investments ${ }^{\text {I \$ }}$ $\qquad$
Other \$ $\qquad$
$\qquad$
Paying Down Debt \$ $\qquad$
Retirement Savings \$ $\qquad$
Total: \$ $\qquad$
5. Calculate your Make Or Break Number.

Bare Bones Budget \$ $\qquad$ + Buffer Zone \$ $\qquad$ + Financial Goals \$ $\qquad$ = \$

[^0]6. Calculate what is left to allocate to discretionary expenses.

Last Month's Net Income (Question 1) \$ $\qquad$ - Make Or Break Number \$ $\qquad$ = \$
7. If you'd like to use Zero Sum Budgeting to specifically assign allowances to individual make or break categories, as well as discretionary categories, use the table below as a guide.

| Make Or Break (Necessities) | \$ Allocated | Discretionary | \$ Allocated |
| :---: | :---: | :---: | :---: |
| Rent/Mortgage | \$ | Dining Out | \$ |
| Insurance | \$ | Entertainment | \$ |
| Internet | \$ | Social Activities | \$ |
| Groceries | \$ | Clothing | \$ |
| Cell Phone | \$ | Personal Care/Beauty | \$ |
| Electricity/Water/Heat | \$ | Trips | \$ |
| Financial Goals | \$ | Gifts | \$ |
| Other | \$ | Miscellaneous | \$ |


[^0]:    * This is your Make Or Break Number

