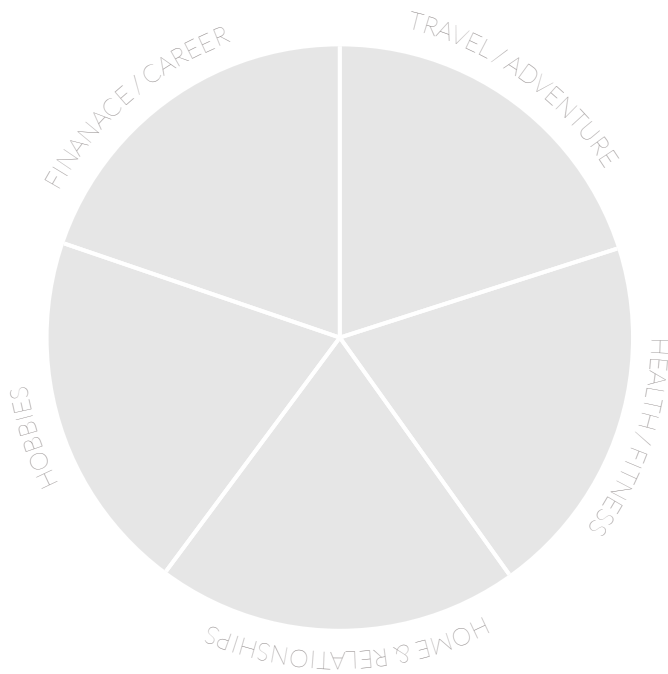
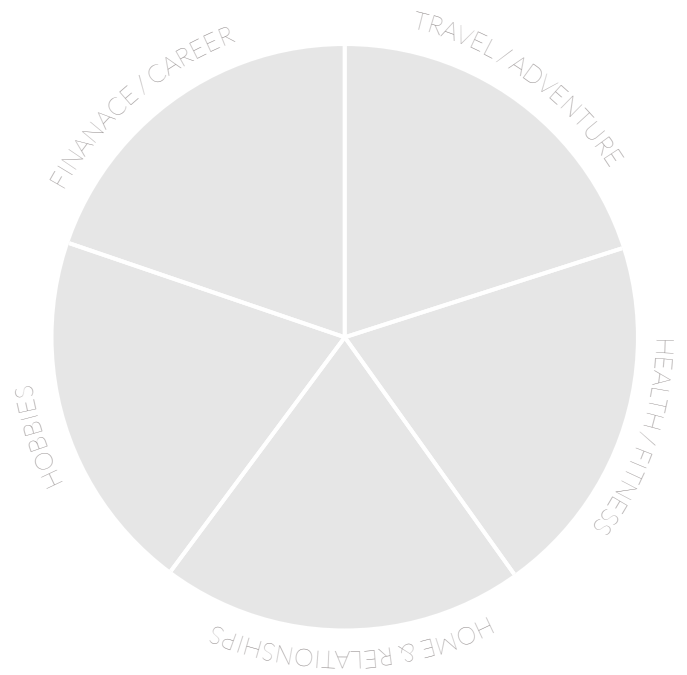


# LIFE BALANCE

## WHERE I AM



## WHERE I WANT TO BE



## INSTRUCTIONS

1. For each life category, rate your satisfaction from 1% to 100% (100% = completely satisfied).
2. Draw a line within the pie to show how much pie has been filled up. The outer edge is 100%. Shade in the areas.
3. Now imagine this is a wheel. How well will it roll? If it isn't round or close to round it will tip over, right? You can see the life areas you need to focus on in order to feel balanced.

## EXAMPLE

