

VISION BOARD PLANNING WORKSHEET

Select your medium: Is your vision board going to be a physical piece or digital?

Vision board goal: Find at least 5 images that represent this goal to you. Magazines are good sources, or print out images from Pinterest if you're creating a physical board.

Find at least 5 images that inspire you to achieve your goal.

Find 5 images that represent the way you'll feel after you've achieved your goal.

Image Checklist:

Images that represent goal

- Image 1 _____
- Image 2 _____
- Image 3 _____
- Image 4 _____
- Image 5 _____

Images or Checklists that inspire you

- Image 6 _____
- Image 7 _____
- Image 8 _____
- Image 9 _____
- Image 10 _____

Images that represent how you'll feel once you've achieved your goal

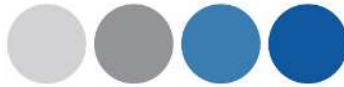
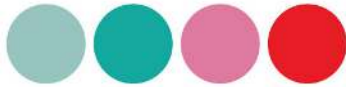
- Image 11 _____
- Image 12 _____
- Image 13 _____
- Image 14 _____
- Image 15 _____

Find 5 quotes that motivate you to achieve your goal

- Quote 1: _____
- Quote 2: _____
- Quote 3: _____
- Quote 4: _____
- Quote 5: _____

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Choose a color scheme that may work for your vision board:



If your vision board is digital, pick a platform you'll use. Will you create a huge digital image in photoshop, canva or picmonkey? Will you create a special pinterest board?

- Photoshop
- Canva
- Picmonkey
- Pinterest

If your vision board is physical, pick a place in your home that you'll hang it up.

- Living room
- Refrigerator
- Bathroom mirror
- Bedroom
- Vanity
- Corkboard
- Other